



## Durham Region Health Department **Facts about...**



# **Novel Coronavirus (COVID-19)**

## **Park and playspace guidelines during COVID-19**

The health and wellness of our community is our top priority. Due to the emergence of COVID-19 outbreak, it is advised that social gatherings be kept as small as possible to [prevent the spread of COVID-19](#).

Here are some guidelines for park and playspace use until further notice.

### **Please do not use the park and playspace:**

- If you are unwell or have any respiratory symptoms (fever, new cough or difficulty breathing).
- If you have travelled outside of Canada within the last 14 days.
- If you have come into contact with anyone who has been diagnosed with COVID-19 within the last 14 days.

### **Practice caution when using the park:**

- If you have children – do not allow children to mouth any part of the play surface.
- Practice [social distancing](#) (keep at least 2m away from others).
- [Cover your cough/sneeze](#) (use your upper sleeve or with a tissue). If you cough or sneeze, use hand sanitizer to clean your hands.
- Avoid touching your face especially your eyes, nose, or mouth.
- Carry an alcohol-based [hand sanitizer](#) and use frequently after touching play surfaces.
- [Avoid crowds](#) - encourage children to play in small groups and 2m apart from one another. If you visit the park, go at off-peak times such as early morning.
- If you must eat in the park, [wash your hands](#) before and after a meal or use hand sanitizer.
- Senior residents or residents with other underlying health issues should refrain from using the park during peak times.
- Always supervise your child to make sure that your child uses the equipment safely and correctly.

Remember to always wash your hands after using the washroom or returning home. Wash your hands or use hand sanitizer before eating, after coughing, after sneezing.

Stay informed by visiting [durham.ca/NovelCoronavirus](https://durham.ca/NovelCoronavirus) for the most up-to-date information.

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905-668-2020 or 1-800-841-2729 | [durham.ca/health](https://durham.ca/health)

If you require this information in an accessible format, contact 1-800-841-2729.

