

Brock Recreation and Community Guide

2025 Spring and Summer



Brock
breathe it in.



1 Cameron St E PO Box 10
Cannington, ON L0E 1E0

8:30 a.m. – 4:30 p.m.
Monday-Friday

www.townshipofbrock.ca

705-432-2355

Recreation Inquiries
recreation@brock.ca

General Inquiries
brock@brock.ca

Facility Rentals
bookings@brock.ca

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Recreation Facility Closures

Friday April 18 – Good Friday
Monday May 19 - Victoria Day
Tuesday July 1 – Canada Day
Monday August 4 – Civic Holiday
Monday September 1 – Labour Day
Tuesday September 30 - National Day for Truth
and Reconciliation

Follow us!



Township of Brock



Township of Brock
Sport & Recreation



brocktowship



@TownshipOfBrock

Welcome to Brock



We are pleased to provide the Brock Recreation Guide for the Spring and Summer season of 2025. As you flip through the pages you will find a variety of multi-season recreational activities for residents and visitors alike.

Whether you want to learn new skills, reach new fitness goals, or simply have fun and meet people there's truly something for everyone. Create new family memories at one of our many events or fairs. Sign up for one of the fishing derbies that happen on Lake Simcoe or visit one of our beautiful trails to see the fall colours.

I would like to thank the many non-profit organizations and their army of dedicated volunteers for the work they put into providing the many services, programs, and events you will see in this guide. These volunteers and their organizations are a key cornerstone to making Brock Township such a welcoming and fun place to live and visit. Thanks to them, our communities have a rich history of service to residents and visitors alike.

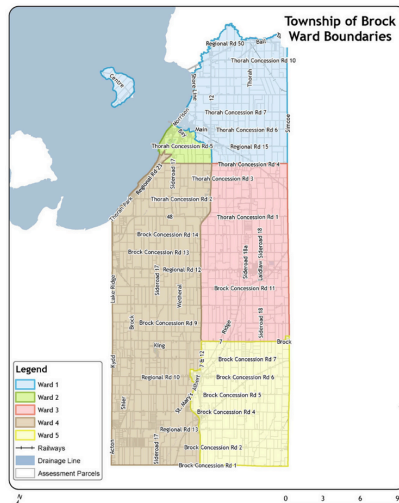
Enjoy the sights and sounds of spring and summer and, on behalf of Township of Brock Council, we welcome you and your family.

Enjoy!

Walter Schummer, Mayor



What Ward do I live in?



Mayor and Council

 **Connect**
 **With**
 **Council**



Walter Schummer
Mayor

705-432-8464
walter.schummer@brock.ca

Michael Jubb
Regional Councillor

905-252-4487
michael.jubb@brock.ca

Peter Frank
Ward 1 Councillor

705-341-1432
peter.frank@brock.ca

Claire Doble
Ward 2 Councillor

705-344-4768
claire.doble@brock.ca

Angela Canavan
Ward 3 Councillor

705-341-6529
angela.canavan@brock.ca

Cria Pettingill
Ward 4 Councillor

705-344-4482
cria.pettingill@brock.ca

Lynn Campbell
Ward 5 Councillor

705-357-0013
lynn.campbell@brock.ca

MARCH 10-14

MARCH BREAK CAMPS

MITES CAMP

Campers ages 4-6 will participate in a variety of fun filled activities throughout the week. Each day of camp will include arts & crafts, science experiments, camp games, outdoor play, and additional indoor activities to keep campers engaged and entertained all day long! Campers will also have the opportunity for an optional 1 hour of skating each day.

Ages: 4-6

Registration Fee: \$35.00 per day

Location: Foster Hewitt Memorial CC
Before and After Care available for an additional fee.

WAITLISTS

If a program is full, please add your child(ren) to the waitlist. If a spot becomes available you will receive an email indicating that you have 48 hours to register. If you do not register within 48 hours, the spot will become available to the next person on the waitlist.



HOW TO REGISTER

1. Visit www.townshipofbrock.ca/camp and click the "Register for March Break Camp" button
2. Sign in or Create an Account
3. Search for Programs using the "Programs" button at the top of the screen, and search using the category "Holiday & School Breaks"
4. Follow the prompts to complete registration and payment

VARIETY CAMP

Join us for an action-packed week of games and activities geared towards campers ages 7-12. Activities will include indoor and outdoor play, DIY craft projects, science experiments and more! Campers will also have the opportunity for an optional 1 hour of skating each day.

Ages: 7-12

Registration Fee: \$35.00 per day

Location: Foster Hewitt Memorial CC
Before and After Care available for an additional fee.



PUBLIC SKATING

March 7

7:30 p.m. - 9:30 p.m.
Foster Hewitt Memorial CC &
Sunderland Memorial Arena

March 9

12:00 p.m. - 2:00 p.m.
Foster Hewitt Memorial CC &
Sunderland Memorial Arena

3:00 p.m. - 5:00 p.m.
Rick MacLeish Memorial CC

March 10

1:00 p.m. - 3:00 p.m.
Foster Hewitt Memorial CC

1:00 p.m. - 3:00 p.m.
Rick MacLeish Memorial CC

1:00 p.m. - 3:00 p.m.
Sunderland Memorial Arena

March 11

1:00 p.m. - 3:00 p.m.
Rick MacLeish Memorial CC

March 12

1:00 p.m. - 3:00 p.m.
Foster Hewitt Memorial CC
***FREE Skate Sponsored by Brock
CHC**

1:00 p.m. - 3:00 p.m.
Rick MacLeish Memorial CC

1:00 p.m. - 3:00 p.m.
Sunderland Memorial Arena

March 13

1:00 p.m. - 3:00 p.m.
Foster Hewitt Memorial CC &
Sunderland Memorial Arena

4:00 p.m. - 5:00 p.m.
Rick MacLeish Memorial CC

March 14

1:00 p.m. - 3:00 p.m.
Foster Hewitt Memorial CC &
Sunderland Memorial Arena
Rick MacLeish Memorial CC
***FREE Skate Sponsored by Brock
CHC**

7:30 p.m. - 9:30 p.m.
Foster Hewitt Memorial CC &
Sunderland Memorial Arena

March 16

12:00 p.m. - 2:00 p.m.
Foster Hewitt Memorial CC &
Sunderland Memorial Arena

3:00 p.m. - 5:00 p.m.
Rick MacLeish Memorial CC

PARENT & TOT/ SENIOR

March 7

10:00 a.m. - 12:00 p.m.
Sunderland Memorial Arena

10:00 a.m. - 11:30 a.m.
Rick MacLeish Memorial CC

11:00 a.m. - 1:00 p.m.
Foster Hewitt Memorial CC

March 10

10:00 a.m. - 12:00 p.m.
Sunderland Memorial Arena

10:00 a.m. - 11:30 a.m.
Rick MacLeish Memorial CC

11:00 a.m. - 1:00 p.m.
Foster Hewitt Memorial CC

March 11

10:00 a.m. - 11:30 a.m.
Rick MacLeish Memorial CC

March 12

10:00 a.m. - 12:00 p.m.
Sunderland Memorial Arena

11:30 a.m. - 1:00 p.m.
Foster Hewitt Memorial CC

March 14

10:00 a.m. - 12:00 p.m.
Sunderland Memorial Arena

10:00 a.m. - 11:30 a.m.
Rick MacLeish Memorial CC

11:00 a.m. - 1:00 p.m.
Foster Hewitt Memorial CC

DROP IN FIGURE SKATING

March 11

4:00 p.m. - 5:00 p.m.
Foster Hewitt Memorial CC



STICK & PUCK

March 7

4:00 p.m. - 5:00 p.m.
Rick MacLeish Memorial CC
& Sunderland Memorial
Arena

March 10

4:00 pm. - 5:00 p.m.
Foster Hewitt Memorial CC
& Rick MacLeish Memorial
CC &
Sunderland Memorial
Arena

March 12

4:00 p.m. - 5:00 p.m.
Foster Hewitt Memorial CC
Sunderland Memorial
Arena

March 13

4:00 p.m. - 5:00 p.m.
Foster Hewitt Memorial CC

March 14

4:00 p.m. - 5:00 p.m.
Rick MacLeish Memorial CC
& Sunderland Memorial
Arena

SHINNY

March 7

10:00 a.m. - 11:00 a.m.
Foster Hewitt Memorial
CC

1:00 p.m. - 2:00 p.m.
Sunderland Memorial
Arena

March 14

10:00 a.m. - 11:00 a.m.
Foster Hewitt Memorial
CC

1:00 p.m. - 2:00 p.m.
Sunderland Memorial
Arena

March 1-31

Registration for Summer Sports:

Beaverton Minor Baseball

Sunderland Minor Baseball

Brock Flag Rugby

Brock Soccer Club

See Page 21 for contact details.

March 7

Stay Safe Course

9:00am-2:00pm @ 16 York St, Cannington

Participants (9-13 years old) will learn about essential first aid and safety skills for unsupervised situations, at home or within the community. Includes workbook and certificate of completion. Advanced registration required. \$45 info@tndf.ca or www.tndf.ca

March 10

Plant Propagation 101

7:30pm @ Pefferlaw Lions Hall

Dan Galea of Plant Pals presents “Plant Propagation 101”. Dan brings a rich depth of knowledge developed over 50 years working in the commercial nursery growing industry, as well as travelling abroad expanding his horticultural knowledge. Dan will share the seven best methods of plant propagation used today for growing a variety of perennials.

[Georgina-Brock Garden Club Facebook](#)

March 11

Stuffed Toy Storytime

6:00pm-7:00pm @ Beaverton Library

Bring your stuffie for a story, library activities and then leave your stuffie friend for a sleepover adventure. Pick up the next day between 2:00pm-5:00pm

www.brocklibraries.ca

March 11

Craft and Create

6:00pm-7:00pm @ Cannington Library

Create a masterpiece of your own design during this drop in craft time. All supplies provided www.brocklibraries.ca

March 11 & 14

Clay Creations

2:00pm-3:00pm @ Beaverton Library

Learn how to work with clay and make your own design. Drop in, 8+, must be accompanied by a responsible caregiver. Return on March 14 from 2:00pm-3:00pm to paint and take your creation home

www.brocklibraries.ca

March 11-15

March Break Musical Theatre Camp

First Act Youth Company

9:00am-4:00pm @ 397 Simcoe Street, Beaverton

Our camp combines theatre-themed crafts, engaging games, and activities with hands-on training in singing, acting, and dance.

Throughout the week, students will hone their skills as they work together to prepare Pajama Party, a mini musical performance for family and friends. Ages 7-14. \$300/week.

www.firstactyouth.ca

March 12

Fire Fighter Storytime - All ages

10:15am-11:00am @ Cannington Library

3:15pm-4:00pm @ Sunderland Library

Brock Libraries and Brock Fire are excited to partner up for an exciting reading program for young readers!

www.brocklibraries.ca

March 13

Mega Family STEAM

6:15pm-7:00pm @ Sunderland Library

Exciting STEAM activities design to elevate critical thinking & problem-solving skills. Drop in ages 3-8

www.brocklibraries.ca

March 14

Fire Fighter Storytime - All ages

10:15am-11:00am @ Beaverton Library

Brock Libraries and Brock Fire are excited to partner up for an exciting reading program for young readers!

www.brocklibraries.ca

March 14

The LiverSpots Live!

8:00pm @ Beaverton Town Hall

Presented by the Beaverton Town Hall Players

A fun evening of Celtic music featuring songs by familiar Canadian songwriters and originals. \$20/ Ticket, on sale at boxoffice@bthp.ca or on show night. www.bthp.ca

March 19

Botanical Drawing

Cannington Horticultural Society Youth Member Event

5:30pm-7:00pm @ 16 York St. N, Cannington

Ages 6-17 interested in learning about gardening and pollinators - Join as a member \$3/year.

www.canningtonhorticulturalsociety.org

March 27

Nutrition Workshop: Healthy Snack Workshop

11:00am-1:00pm or 5:00pm-7:00pm @ 16 York St, Cannington

In celebration of Nutrition Month, join The Nourish and Develop Foundation for a fun and interactive workshop! Parents and children will have the opportunity to work together to create a healthy snack. This hands-on workshop is a fantastic way to explore a new, simple, and nutritious snack! Advanced registration required. \$10 Per Person 705-432-2444 info@tndf.ca or www.tndf.ca

March 27

Visit our website for this months speaker

7:30pm @ St. Paul's Anglican Church, Beaverton

2025 Membership Sign up for new and returning members and a guest speaker. Annual membership single \$15, family \$25, business \$20

www.beavertonhorticultural.com

March 29

Beaverton Skating Club Ice Show

12:00pm - 2:00pm @ Foster Hewitt

Memorial Community Centre, Beaverton

Celebrating over 70 + years of skating, Beaverton Skating Club is happy to present our end of season ice show. Plan to spend an afternoon as our talented skaters perform to a variety of memorable tunes throughout the decades. Tickets may be purchased in advance or at the door .

info@beavertonskating.ca,

www.beavertonskatingclub.ca

March 29

Seedy Saturday

9:00am-2:00pm @ Pefferlaw Lions Hall

Don't miss event for all gardeners, from novice to expert. Seeds, seed swap, knowledgeable speakers, children's activities, numerous vendors offering a wide assortment of seeds, seedlings, native plants, garden related items, honey, jams, lavender products & more. Free admission. Co-hosted by [Georgina-Brock](#), [Beaverton](#) and [Cannington Horticultural Clubs](#)

March 31

Fruit Trees: Pruning & Care

7:30pm @ Cannington Baptist Church

1st meeting of 2025 Cannington Horticultural Society 50th Anniversary Season. Guest speaker Rob Alexander from Nature's Bounty has pruned hundreds of trees and shares his knowledge and experience with us. Learn about how to prune and care for fruit trees. Member Registration: Adult \$15. Couple \$25 Youth \$3. We invite new and experienced gardeners to join us and be part of the fun. www.canningtonhorticulturalsociety.org

April 1

Summer Day Camp Registration Opens

The Township of Brock Summer Day Camp is for children aged 4-12 and is a great way for your kids to keep active, make new friends and have fun this summer! Camps take place this year at Beaverton and Cannington arenas, weekdays between the hours of 8:30 a.m. and 4:30 p.m. 8 weeks of action packed fun! www.townshipofbrock.ca

April 3

Kids Easter Party

1:00pm Port Bolster Hall

Bring the kids over for some Easter fun! www.facebook.com/profile.php?id=100064825143178

April 5-6

Sunderland Maple Syrup Festival Downtown Sunderland

The Sunderland Maple Syrup Festival is one of our premiere events in Brock Township celebrating the age-old tradition of maple syrup in our community. While you're enjoying the many attractions don't forget to visit the multitude of vendors, exhibitors, and farms again taking part in this year's festival. www.maplesyrupfestival.ca

April 5

Friends of the Sunderland Library Book Sale

10:00am - 3:00pm @ Sunderland Library
Come and find your next great read!

April 12

Spring Fling Children's Party

10:30pm-12:30pm @ Manilla Hall

Join us for spring themed crafts, enjoy delicious munchies and games! suitable for younger and older children!
Admission \$5.00/kid
facebook.com/manillahall

April 14

How to start a Cut Flower Garden

7:00pm @ Pefferlaw Lions Hall

Debbie and Amanda Gordon of Cloverhill Flowers started on vacant land, after eight years of trial, error and success, built a thriving business. Learn the ins and out of growing cut flowers in your own garden with valuable information and resources provided for getting started.

[Georgina-Brock Garden Club Facebook](#)

April 19

Easter Egg Hunt

10:00am-12:00pm @ MacLeod Park

Hosted by the Cannington Lions Club

Participants are asked to register. There will be 3 hunts for the age groups of 0-4, 5-9 and 10-12.

Starts at 10 a.m. Prizes, Easter treats and a visit from the Easter Bunny! Register at:

www.canningtonlionsclub.ca



Beaverton Fall Fair

2025 Junior Ambassador Program

BENEFITS

LETTER OF
RECOMMENDATION
FOR RESUME

VOLUNTEER
HOURS

IMPROVE PUBLIC
SPEAKING
ABILITIES

ENHANCE
LEADERSHIP
SKILLS

DEVELOP STRONG
COMMUNICATION
SKILLS

What is a Junior Fair Ambassador?

The Fall Fair Ambassador program is a **Leadership** program for youth ages 12-16 as of January 1st, 2025, in our community.

The selected winner of the Junior Ambassador Competition will have multiple opportunities to participate in local community events throughout the year as a representative of the Beaverton Agricultural Society.

For program schedule, rules and regulations, please visit our website <http://beavertonfallfair.ca>

REGISTRATION IS OPEN FROM MARCH 17-APRIL 30, 2025

April 22-24

Festival of Stars - Sunderland Lions Music Festival

Start times vary @ Sunderland Town Hall
 2025 marks the 65th anniversary of the Sunderland Lions Music Festival. It provides an opportunity for young musicians from north Durham Region and beyond to perform and receive professional adjudication in a variety of piano, vocal and instrumental classes. Admission: \$3 for individual sessions; \$4 for 'Festival of the Stars' concerts .
www.sunderlandlionsmusicfestival.com

April 23

Designing for the future - Creating meaningful garden spaces

Cannington Horticultural Society Youth Member Event
 5:30pm-7:00pm 16 York St N, Cannington
 Ages 6-17 interested in learning about gardening and pollinators - Join as a member \$3/year.
www.canningtonhorticulturalsociety.org

April 24

How to Plan a Successful Garden

7:30pm @ St. Paul's Anglican Church
 Guest Speaker: Pam Clarke, Durham Master Gardener. This presentation will cover evaluating site conditions, other factors such as maintenance, function and style and finally planning your garden space and selecting plants.
beavertonhorticultural.com

April 28

Garden Seduction

7:30pm @ Cannington Baptist Church
 Guest speaker Ken Brown. All are welcome to hear anecdotes, facts, a wealth of experience & a generous sprinkling of humour, as Ken entices even the blackest of thumbs to want to go out into the garden & partake of all of its benefits & pleasures.
www.canningtonhorticulturalsociety.org



**Brock
 Spring fitness programs**

Start fresh on your fitness goals!
 Ready to spring into action or simply just looking for a class to move your body?
 We've got you covered!

Visit our website for program descriptions and registration.

www.townshipofbrock.ca/fitness/



May 3

Cannington Lions Canoe-A-Thon Fundraiser

9:00am-4:00pm

Paddle the scenic Beaver River from Trout Water Park on Highway 7 west of Manilla to MacLeod Park in Cannington. This family friendly fundraiser hosted by the Cannington Lions helps raise funds for many community events.

Participants are asked to collect pledges and there are prizes for the top three participants with the most funds pledged. You may paddle any craft of your choosing and arrange your own transportation back.

www.canningtonlionsclub.ca
enses@hotmail.com

May 3

A Spring Fling Craft Sale and Market

10:00am -2:00pm Port Bolster Hall

Lunch will be served and lots of vendors for your shopping pleasure. Visit their Facebook page [Port Bolster Hall](#)

May 2, 3, 4, 9, 10, 11

Old School Living - Presented by Beaverton Town Hall Players

Various show times

A comedy by Lisa Rawson that will leave you laughing all the way home. A school reunion after a 45 year time span. \$20/ Ticket, on sale at boxoffice@bthp.ca or on show night. www.bthp.ca

May 12

Plant Auction

6:30pm @ Pefferlaw Lions Hall

With auctioneer Kevin McGuckin. A fun and lively event and the main fundraiser for our club. Huge selection of perennials, annuals, seedlings and veggie plants generously donated by local garden centres and businesses as well as from members' gardens.

[Georgina-Brock Garden Club Facebook](#)

May 17

Plant Sale

8:30am-2:00pm @ Manilla Hall

facebook.com/manillahall

May 21

Rooting for Health - Building soil, bulding community

Cannington Horticultural Society Youth Member Event

5:30pm-7:00pm Mary Living Outside 16921 Simcoe Ste, Manilla

Ages 6-17 interested in learning about gardening and pollinators - Join as a member \$3/year.

www.canningtonhorticulturalsociety.org

May 23

First Aid & CPR Course

9:00am-2:00pm @ 16 York St, Cannington

This course offers first aid and CPR skills for those who need work training or who want more knowledge to respond to emergencies at home. It Includes the latest first aid and CPR guidelines. \$175/person 705-432-2444 info@tndf.ca or www.tndf.ca

May 24

Annual Plant Sale

9:00am-11:00am or sell out @ St. Paul's Anglican Church

beavertonhorticultural.com

May 25

Cannington Lions Annual Dog Walk

9:00am 16 York Street, Cannington

The Cannington Lions Club will host their annual Walk for Dog Guides on Sunday May 25th. Participants are asked to get pledges for Dog Guides Canada and then walk their dogs along the designated route. Prizes available for participants, Dog Guides Canada provides trained service dogs for their clients.

www.canningtonlionsclub.ca

May 24 & 31

Open House for Summer Lawn Bowling Club

10:00am-1:00pm @ 34 Peace St, Cannington

Come, try lawn bowling! It's a low impact sport for all ages, similar to bocci ball, where points are awarded for rolling bowls closest to the jack. Equipment provided. No experience needed.

Refreshments and information about our upcoming season will be provided. Bring the whole family! It'll be fun!

president@canningtonlawnbowling.ca
www.canningtonlawnbowling.ca

May 26

Invasive Species with Paul Laporte

7:30pm @ Cannington Baptist Church

All are welcome to join in and learn about invasive species creeping into our gardens, forests, trails and countryside. Paul shares his knowledge and experience dealing with invasive plants and what you can do to help stop the spread.

www.canningtonhorticulturalsociety.org

May 31

Plant Sale

7:30pm @ Cannington Baptist Church

Shop for perennials, annuals, vegetable seedlings, houseplants and more! Get ready for the growing season and find the perfect plants for you. All items donated by members and local businesses to help support CHS. Donations welcomed. Please drop off at site Friday May 30.

www.canningtonhorticulturalsociety.org

May 31

Wing and Pizza Night

Big Brothers Big Sisters of North Durham
 7:00pm Scugog Arena Pad 1

Big Brothers Big Sister of North Durham is celebrating the 31st year of the popular Wing & Pizza Night. Proceeds go to support Mentoring Programs for the 250 children and youth that are served each year in North Durham. Join in the fun of sampling mouth-watering wings and delicious pizzas from amazing local restaurants, raffle prizes, music, and dancing. There is a cash bar and it's a 19+ age event. To purchase tickets, please visit: northdurham.bigbrothersbigsisters.ca/wingandpizzanight/



TIME TO RENEW! 2025 DOG TAGS ARE NOW AVAILABLE

Can be purchased online or in-person at the following locations:

- Township Administration Building
- A5 Pet & Bird Depot, Beaverton
- Davis Hardware, Beaverton
- Pilgrim's Home Hardware, Sunderland
- Brock Dench Animal Shelter

Brock breathe it in.

June 6 & 7

Frozen Jr. Presented by First Act Youth Company

397 Simcoe Street, Beaverton

FAYC's Young Company brings Disney's beloved tale to life in this captivating musical adventure. Journey with Anna, Elsa, Olaf, Kristoff, Sven, and all your favourite characters as they discover the true power of love, friendship, and bravery in the face of adversity.

www.firstactyouth.ca

June 9

Insects in our Garden - The good, the bad and the merely ugly

7:30pm @ Pefferlaw Lions Hall

Evelyn Wolf presents how-to identify insects in our garden in their different life phases accurately for effective control of the harmful ones and protection of the beneficial ones.... using the principles of Integrated Pest Management to control the Bad Guys; invite the Good Guys and learn which ones are harmlessly fulfilling their role in the push/pull of insect life in the garden. Plus non judged flower show.

[Georgina-Brock Garden Club Facebook](#)

June 13 & 14

Hadestown Teen Edition Presented by First Act Youth Company

7:30 pm, 397 Simcoe Street, Beaverton

This intriguing and beautiful folk opera delivers a deeply resonant and defiantly hopeful theatrical experience. Following two intertwining love stories – that of young dreamers Orpheus and Eurydice, and that of immortal King Hades and lady Persephone – Hadestown invites audiences on a hell-raising journey to the underworld and back. \$25/person

www.firstactyouth.ca

June 18

Bug + Plant Nature Journaling in a Native Garden
Cannington Horticultural Society Youth Member Event

5:30pm-7:00pm Forest View Native Plants 19 McNabb St. Cannington

Ages 6-17 interested in learning about gardening and pollinators - Join as a member \$3/year.

www.canningtonhorticulturalsociety.org

June 21

Scugog Pride Celebration

Palmer Park, Port Perry

North Durham Pride (Brock Township, Scugog & Uxbridge) Free family event with entertainment, games and fun activities. Visit

northdurhampride.ca for more details.

info@northdurhampride.ca

June 26

Peonies Taking the Garden Spotlight

7:30 pm @ St Paul's Anglican Church Beaverton

Speakers will share tips on growing and caring for peonies and preservation techniques using refrigeration and drying methods. Members will create peony flower designs using garden peonies and other seasonal flowers and greenery. Pre-registration required to ensure adequate supplies are available. No charge for members. www.beavertonhorticultural.com

June 30

Meeting and Flower Show

Cannington Horticultural Society

7:30pm @ Cannington Baptist Church

Meeting and Flower Show. Guest speaker TBD

www.canningtonhorticulturalsociety.org





July 1

20th Cannington Lions Canada Day Festival!

All Day @ MacLeod Park, Cannington

The event will be an all day event and will welcome residents and visitors alike to take part. Classic and Custom Car & Truck Show, all day free activities, rides, and inflatables, BBQ and concession foods, Haunted Maze, Historical Museum Tour, Citizen of The Year Award presentation, Local non-profit organization displays and the best fireworks in the area. www.canningtonlionsclub.ca

July 1

Beaverton Lions Canada Day Celebration

Free All Day event at Beaverton Fairgrounds

Stay tuned for more info on the exciting events we have planned for Canada Day in Beaverton!

www.beavertonlionsclub.ca

July 1

Canada Day Vintage Clothing Treasurers

10:00am -4:00pm

The Cannington Historical Society will have on display some of it's collection of "Vintage Clothes". See what Canningtonians would have been wearing to celebrate "Dominion Day" in years past.

www.canningtonhistoricalsociety.ca

July 4

Babysitting Course

9:00am-2:00pm @ 16 York St, Cannington

Participants (ages 11+) will learn to care for children across various age groups, demonstrating responsibility and leadership skills. They will also be trained to respond to emergencies and provide basic first aid, and essential caregiving skills for youth.

Participants will acquire skills to promote themselves as babysitters to prospective families. \$70 Per Person. 705-432-2444

info@tndf.ca or www.tndf.ca

July 9

Bass Mania Wildcard

Presented by CSFL

Register for this 2025 fishing derby on Lake Simcoe by contacting victoria@csfl.ca or call 905-640-2277 www.csfl.ca. Launching your boat from the Beaverton Harbour does require launch fees to be paid.

July 12

Golden Garden Party - Celebrate CHS 50th Anniversary 1975-2025

1:00pm-4:00pm MacLeod Park, Cannington

Everyone is welcome to come and celebrate 50 years of CHS serving the community and members. Watch our Facebook page for more information.

www.canningtonhorticulturalsociety.org

July 12

Brock Pride Celebration - Beach Day

Location TBD

North Durham Pride (Brock Township, Scugog & Uxbridge) Free family event with entertainment, games and fun activities.

Visit northdurhampride.ca for more details.

info@northdurhampride.ca

July 23

Carden Alvar Day Hike - Youth Event

Carden Alvar Provincial Park

www.canningtonhorticulturalsociety.org

July 14

Preserving Mature Trees

7:00pm @ Pefferlaw Lions Hall

Toni Ellis of Tree Trust. A passionate talk with photographs focusing on the value and importance of mature trees and why we can't take them for granted. Toni will give pointers on how homeowners can keep mature trees healthy and explain what Tree Trust is doing to keep big trees on the landscape. Also judged flower and design show.

[Georgina-Brock Garden Club Facebook](#)

July 19-20

Pro Bass Tour - MLF Bronzeback Cup on Lake Simcoe

Register for this 2025 fishing derby by contacting victoria@csfl.ca or call 905-640-2277 www.csfl.ca

July 25

Stay Safe Course

9:00am-2:00pm @ 16 York St, Cannington

Participants (9-13 years old) will learn about essential first aid and safety skills for unsupervised situations, at home or within the community. Includes workbook and certificate of completion. Advanced registration required. \$45 Per Person 705-432-2444 info@tndf.ca or www.tndf.ca



August 7

Bouquet Bootcamp

The Sunflower Farm

Ainsley Gillespie will lead this unique workshop teaching you how to prepare and show florals. You will create your own beautiful fresh flower bouquet and gain skills in the art of floral arranging. Limited space: contact Cannington Horticultural Society to register.

www.canningtonhorticulturalsociety.org

August 9

Uxbridge Pride Celebration

Location TBD

North Durham Pride (Brock Township, Scugog & Uxbridge) Free family event with entertainment, games and fun activities. Visit northdurhampride.ca for more details. info@northdurhampride.ca

August 10

Walking Tour of the Necropolis Cemetery - Cannington Historical Society

2:00pm Necropolis Cemetery, 10th Concession, Cannington

The Necropolis Cemetery Board will give a walking tour of the Cemetery. The role these forebearers of Cannington performed in the development of the village will be identified.

www.canningtonhistoricalsociety.ca

August 22

m.t.Pockets

8:00pm @ Beaverton Town Hall

Presented by the Beaverton Town Hall Players \$20/ Ticket, on sale at boxoffice@bthp.ca or on show night. www.bthp.ca



September 9 & 10

Sunderland Fall Fair

Tuesday 5:00pm - dusk / Wednesday 9:00am - dusk @ Sunderland Fairgrounds

Join us at the oldest fair in Durham Region to celebrate our agricultural heritage. Horse and cattle shows, carriage driving, demolition derby and other special events as well as great food, vendors and exhibits: it's all at the Sunderland Fall Fair!

sunderlandfallfair@gmail.com, www.agfair.ca

September 12 & 13

Beaverton Fall Fair

Friday 12:00pm-11:00pm / Saturday 9:00am - 11:00pm @ Beaverton Fairgrounds

Enjoy the Beaverton Fall Fair and come out to this fun event for the whole family.

www.beavertonfallfair.ca/

Hosting an event in our Community?

Check out the Support for [Community Organizations Policy](#) and webpage for more information. Don't forget to fill out the Special Event Application and email to clerks@brock.ca

September 20

Winding Roads Festival

Big Brothers Big Sisters of North Durham 6:00pm 1401 Scugog Line 6, Port Perry

Big Brothers Big Sister of North Durham is celebrating the 10th year of the popular Winding Roads Festival. This event showcases local country music talent, as well as a well-known headliner to an attendance of 700 people. Proceeds go to support Mentoring Programs for the 250 children and youth that are served each year in North Durham. Join in the fun and enjoy some great music, raffle prizes, and dancing. There is bar service and it's a 19+ age event. \$100

<https://northdurham.bigbrothersbigsisters.ca/windingroads/>



Cannington Haunted Attraction

We are looking for volunteers for the 2025 event! Adults and youth 15+. Scare actors, ticket and attraction attendants, make-up, builders, security. Visit www.canninghaunt.com to apply!

Register for Brock's 26th Annual Charity Golf Tournament!

All proceeds raised go to assisting youth-oriented and senior's projects and programs in our community

CEDARHURST GOLF & COUNTRY CLUB

JUNE 19

REGISTER TBD

825 Concession Road 4, Beaverton

www.townshipofbrock.ca/golftournament/

Brock ANNUAL CHARITY GOLF TOURNAMENT 2025



May 27, June 24, July 29, August 26, September 30

Night Market - The Nourish and Develop Foundation, 16 York St. Cannington
1:00pm - 3:00 pm.

On the last Tuesday of every month from May to September, watch the parking lot transform into a pop-up community market with food, vendors, and live music! Free to Attend, Meals by Donation, Some vendors may be cash only. Visit www.tdnf.ca

March 23, April 27, May 25, June 22

Old Time Fiddle Jam
1:00pm-5:00pm @ Manilla Hall

Jam with all the amazing musicians to keep your toes tapping. Open mic for anyone to perform. Admission \$5.00.
facebook.com/manillahall

March 20, April 17, May 15, June 19

Food For Thought Luncheon
10:00am-1:00pm @ Manilla Hall

Three interesting speakers followed by a homemade lunch all for \$10.00. RSVP to Anne at 705-357-3637.
facebook.com/manillahall

3rd Wednesday, monthly 10:00am-12:00pm

Brock-Georgina Probus Club is a group of retired and semi retired individuals in Brock and Georgina, Ontario who are interested in enjoying a fun social network! Come and join us! We meet at Udora Community Centre the third Wednesday of the month. Contact us at lakesimcoearea@gmail.com

July and August

Summer Camp: Farmers Market
TBD 10:00am-2:00pm @ 16 York St, Cannington
Participants (ages 7-12) will learn about food systems, cooking in the kitchen, and more! Equipped with what they've learned over the week, participants will plan and facilitate a farmers' market for our community, with proceeds going toward the Nourish House food bank! Registration required \$75/week.
705-432-2444 info@tdnf.ca or www.tdnf.ca

July & August

Summer Musical Theatre Camp - First Act Youth Company
Various times, 354 Simcoe Street, Beaverton
Immerse yourself in a summer of creativity, friendship and fun! Whether you're refining your skills in acting, singing, dancing, or all three, our supportive and collaborative approach empowers each student to embrace their individuality and unlock their full potential. Join us for a summer where hands-on experiences and artistic exploration redefine the traditional camp narrative. www.firstactyouth.ca


Wednesdays

Community Lunch - The Nourish and Develop Foundation, 16 York St. Cannington
11:30am - 1:00 pm.
Each week features a unique menu our in-house chefs and volunteers prepared and served buffet style. We offer this meal on a voluntary donation model to provide everyone with an equal opportunity to enjoy a healthy meal without financial barriers. Seating is family-style, so each week lends itself to a new experience. Visit www.tdnf.ca for more information.

SIGN UP FOR OUR NEWSLETTER  

STAY UP TO DATE WITH WHATS HAPPENING IN OUR COMMUNITY

Follow Us!



Weekends Victoria Day to Labour Day

Cannington Historical Museum @ MacLeod Park, Cannington

1:00pm - 4:00pm

Preserves and presents the local history of the Village of Cannington. Interpretive tours describe the buildings and the artifacts set in the era. 'Rescued' structures of heritage significance to the area including the Brandon Log Cabin, c.1830; Francis Log House, c.1855; post & beam agriculture Driving Shed, 1901; CNoR Railway Station, 1906 and caboose; Derryville LOL Hall, 1934. Free www.canningtonhistoricalsociety.ca

**Meet on last Monday of every month
September to November, January to June**

East Lake Simcoe Quilt Guild - Trinity United Church. 50 Laidlaw St. N, Cannington

1:15pm

We are a group of quilters, new to experienced, who enjoy listening to quilt experts speak and demonstrate. We have workshops and sew days in addition to our monthly meeting. A big part of our guild involves making outreach quilts for those within the community. Membership \$40 for 2024-2025, guests \$5. Contact Jude Yaksich jayaksich@gmail.com

Open year round by appointment

The Sunderland Museum

Offers tours and help on genealogy. Variety of maps and documents on Brock Township. Open each year for the Sunderland Maple Syrup Festival and Sunderland Fall Fair. Visit the Sunderland Historical Society website sunmus.ca or phone 905-621-7908

EarlyOn Program

Various Locations (see schedule below)

Free drop in Play to Learn programs for children 0-6 and their caregivers.

Visit calendars at www.keyon.ca or check us out on Facebook at Durham Farm and Rural Family Resources.

Sunderland United Church:

9:00am-1:00pm - Wednesdays & Fridays

Rick MacLeish Memorial CC:

9:00am-12:00pm - Mondays & Fridays

Beaverton Public School:

9:00am-2:30pm - Tuesdays

9:00am -11:30pm - Wednesdays
(Infants 0-18mth)

9:00am-12:00 - Thursdays

9:00am-1:00pm - Fridays

Port Bolster Hall:

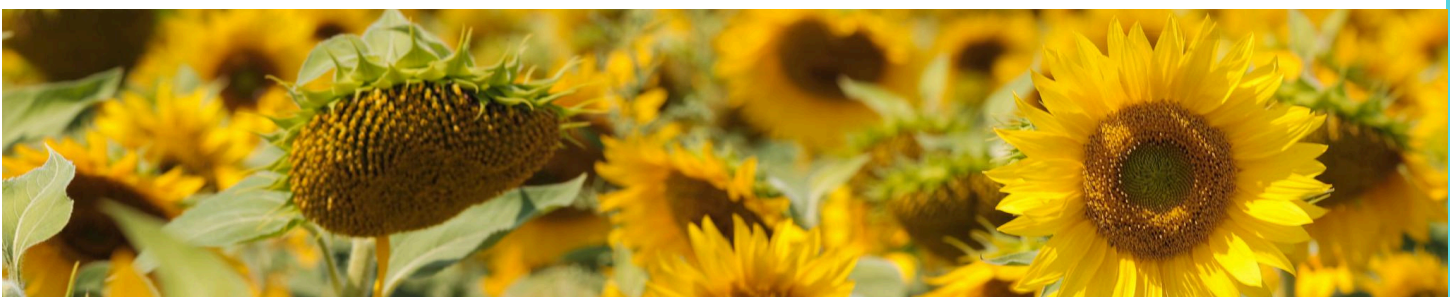
9:00am-12:30pm - Mondays

Ongoing Programing

Alzheimer Society of Durham Region

At ASDR, we provide support, recreation and educational programs for individuals living with Alzheimer's disease and other dementias, as well as their families and care partners. Our goal is to create a supportive community for those impacted by dementia, ensuring no one must face the journey alone.

To explore a list of our ongoing programs and services, please visit our website at www.alzheimer.ca/durham. To learn more or register for any of our Support, Education, or Recreation Programs, please reach out to us at intake@alzheimerdurham.com or call us at 905-576-2567.





SUMMER CAMPS

GENERAL INFORMATION

CAMP HOURS

Camp hours are 8:30 a.m. to 4:30 p.m. daily. Before and after care is available for an additional fee.

Before Care 7:30-8:30 a.m.	\$27/week
After Care 4:30-5:30 p.m.	\$27/week
Before & After Care	\$43/week
Cancellations subject to a fee of \$10	

SAFE ARRIVAL AND DISMISSAL

Staff are required to identify the parent/guardian of each child by requesting government issued photo identification (ID) before staff will release campers.

SUPERVISION RATIOS

Children ages 4-6	1:10
Children ages 7-12	1:15
Ratios may be enhanced with support from trained youth volunteers and Leader-In-Training Participants.	

WHAT TO WEAR

Be prepared! Dress for the weather and for the activities you'll be participating in. Bathing suit and towels should be packed daily for outdoor water games. Dress for a mess, old clothes are best! Closed-toe shoes are encouraged for all the activities your child will be participating in. Sandals are not suitable for our adventures.

STAFF QUALIFICATIONS

All camp staff are hired through an application and interview process, and selected based on their experience and enthusiasm. All staff must have:

- Standard First Aid and CPR Level C
- Vulnerable Sector Check

In addition to these qualifications, all staff are required to attend pre-camp training sessions on child safety and programming.

PARTICIPANTS WITH ADDITIONAL NEEDS

We strive to ensure the successful and safe participation of all campers in our camps. If your child has extra support needs or a health condition you **MUST** inform us upon registration. If your child requires 1:1 support, you must contact the Camp Coordinator **PRIOR** to registration at camp@brock.ca. All 1:1 requests require an interview with the Camp Coordinator to ensure we are able to meet the needs of your camper. Families requiring 1:1 assistance can request support for up to two weeks of camp.

April 1
10:00 a.m.
Registration Opens

REGISTRATION INFORMATION

Summer Day Camp Registration opens on Monday, April 1 at 10:00am. It is highly recommended to create an **online account** in advance for ease of registration on the opening date.

HOW TO REGISTER

1. Visit www.townshipofbrock.ca/camp/ and click the "Register for a Program" button
2. Sign in or Create an Account
3. Search for Programs using the "Programs" button at the top of the screen, and search using the category "Holiday & School Breaks"
4. Follow the prompts to complete registration and payment

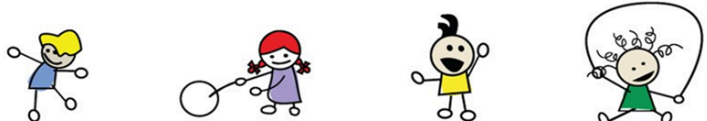
REGISTRATION & PAYMENT

Camp availability can be checked online through the Township website. Availability can only be guaranteed at time of processing the registration. The Township will not “hold” spots for individuals. Registration will be accepted online only through our registration software. Confirmation of registration will be emailed upon completion.

WAITLISTS

If a program is full, we encourage you to add your child(ren) to the waitlist. If a spot becomes available you will receive an email indicating that you have 48 hours to register. If you do not register within 48 hours, the spot will become available to the next person in line. We encourage utilizing the waitlist as additional spots may become available if there is demand.

SUMMER DAY CAMP



REFUNDS/CANCELLATIONS

One week advance notice is required to cancel enrollment/request a refund. Requests can be emailed to camp@brock.ca. Cancellations will be subject to a \$25 service fee.

PROGRAM CANCELLATIONS

The Township of Brock reserves the right to cancel or alter any programs, times, costs or locations outlined in this brochure without notice as required, due to low enrollment, change of policy or availability of facilities or instructors. The service fee will not be charged if we cancel one of the day camp programs.



MITES CAMP (Ages 4-6)

Is your child ready to dive into the world of fun? Mini mites camp is for kids aged 4-6 who are ready to engage in play via a variety of age appropriate activities such as crafts, games, sports, and spirit days.

VARIETY CAMP (Ages 7-12)

Join us for an action-packed week of games and activities geared towards campers ages 7-12. Activities will include indoor and outdoor play, DIY craft projects, science experiments and more!

SPORTS CAMP (Ages 7-12)

Sports camp strictly dedicated our older campers to participate in all the fun and enjoyment of sports. Campers will learn and improve their abilities and have fun while participating in a range of games and sports such as basketball, soccer, baseball, and more! This camp is for participants who have an interest in sports and want to show their skills. This camp emphasizes fitness and involvement while also encouraging teamwork, and skill development.



ART CAMP (Ages 7-12)

Challenge your creativity and inner artist. Campers will participate in hands-on art projects, crafts, and activities. Campers will explore their creative side, test their skills and create masterpieces in a variety of mediums. Projects may include pain, modelling clay, mosaics, fabrics, sketching, collaging and more!

OUTDOOR EXPLORERS (Ages 7-12)

Geared for children who love to be outdoors and not afraid to get dirty. Campers will spend a majority of their time outside exploring through nature discovery, forest activities, games, nature crafts and survivor skills.

MINI EXPLORERS (Ages 4-6)

It's time to get outdoors and explore the nature around us. Mini Explorers is designed for curious campers ages 4-6 to participate in nature discovery, games and activities in the great outdoors!

DANCE CAMP (Ages 7-12)

All the dazzling stars are sure to love our rockin' dancing camp! Campers will learn skills and techniques in a variety of dance disciplines including jazz, ballet, hip hop and more! Dance exercises, activities and games will be incorporated in programming daily. At the end of the week campers will host a performance to showcase the skills they've learned for their parents/guardians.

MINI MOVERS (Ages 4-6)

Are you ready to get moving? Mini Movers camp is an introduction to dance for our campers ages 4-6. Campers will be moving and grooving in a variety of dance styles, movement activities, songs and games. Campers will work on performance numbers that they will perform at the week-end showcase.

SESSIONS:

Week 1	June 30 - July 4*
Week 2	July 7 - 11
Week 3	July 14 - 18
Week 4	July 21 - 25
Week 5	July 28 - Aug. 1
Week 6	Aug. 5 - 8*
Week 7	Aug. 11 - 15
Week 8	Aug. 18 - 21*

*Short Weeks

Camp dates and locations can be found on our website:

www.townshipofbrock.ca/camp/



SPRING & SUMMER LOCAL SPORTS ORGANIZATIONS

Beaverton Minor Baseball

The V.B.B.A. offers an exceptional baseball experience for boys and girls ages 3-18 who all enjoy a higher level of competition found only in inter-community play.

www.vbba.ca / beavertonminorball@gmail.com

Sunderland Minor Baseball

Sunderland Minor Baseball offers Minor Ball and T-Ball programs for youth ages 3-18.

Register between March 1 to March 31, 2025 at www.sunderlandminorbaseball.ca

info@sunderlandminorbaseball.ca

Brock Soccer Club

Located at 12 Thorah Park Blvd, Pefferlaw. Looking to enroll your child in Summer Soccer?

Registration is OPEN for our 2025 season. www.brocksoccer.com/ info@brocksoccer.on.ca

Cannington Lawn Bowling Club

34 Peace Street, [Cannington Lawn Bowling Club](#)

Youth Program: Youth learn to play Lawn Bowling program for grades 1-3, 4-8 and a leadership program for high school participants. No previous experience required.

Volunteer hours count for high school age youth. Contact: Tammy 705-934-3090

tamaralynneswain@yahoo.com

Adult Program: Mid May to end of September

Club bowling, in-club tournaments, inter-club play and social events, coaching sessions, open tournaments, community outreach days, etc. Contact Barb Moore 705-341-6111

Brock Rugby Club

S1205 Regional Road S 13 (Concession 3 - Brock), Blackwater just East of Hwy #12 and Durham Road #13. Registration: www.brockrugby.com/ www.brockflagrugby.com Contact

Kevin Bagshaw - bagsrugby@hotmail.com.

- Flag Rugby - Ages 3-12
- Under 12 Co-Ed Rugby
- Under 14 Boys & Girls Contact Rugby
- Under 16 Boys & Girls Contact Rugby
- Under 18 Boys & Girls Contact Rugby
- Men's Senior Rugby
- Women's Senior Rugby



PARKS, TRAILS & BEACHES

Beaverton Harbour Park

Situated on the shores of Lake Simcoe, the park has lots to offer, including a beach and marina. Free daytime parking, washrooms, playground with accessible playground features, splash pad, picnic area, boat launch, Kayak dock, walkout pier and restaurant. Located at 1 Harbour Park Crescent in Beaverton.

Beaverton Ball Park and Walking Trail

Home of the Beaverton Fall Fair and a variety of other community events, this park also includes baseball diamonds that are available for public use. Located at 176 Main Street in Beaverton next to the fairgrounds. The Beaverton Walking Trail is a 900 ft. trail that begins at the Beaverton fairgrounds located at 176 Main St. The trail links to the Beaverton Harbour. This is a paved trail and is accessible for wheelchairs and strollers.

Thorah Centennial Park

The park includes a large picnic area, sandy beach, playground and parking. This is a great place to enjoy time with family on a warm day. Located at B32000 Shoreline Road, in Beaverton.

Beaverton King Street Park

This newly renovated park has a playground, recreational baseball diamond, track, pickle ball court and an outdoor tennis court. Located 297 King Street in Beaverton.



Mill Gateway Park

This is a picturesque park with a nature trail that winds along the Beaver River. Basketball court, beach volleyball court, playground and skate park. Located at 204 Simcoe Street, Beaverton.

Beaver River Wetland Conservation Area and Trail

The Beaver River Wetland Conservation Area and Trail runs from Blackwater to Cannington along a former railway line. This 12.5 km trail runs adjacent to the Beaver River. There is also trail extension to Beaverton.

Cannington MacLeod Park and Cannington Claire Hardy Baseball Fields

This park includes a skate park, cenotaph, 2 playgrounds, sheltered and non sheltered picnic areas, tennis court and a 2.5 km nature trail that looks through Cannington's MacLeod Park and runs along the Beaver River. Access to the trail can be found by the historical buildings. Located at 50 Peace Street and 110 Elliot Street, Cannington. The Cannington Claire Hardy Baseball Fields are located at 105 Elliot Street in Cannington

Manilla Park

This park has family fun amenities like a playground, picnic tables and benches, horseshoe pit and baseball diamond. Located at C2370 Brock Street, Manilla.

Port Bolster Park and Brock Soccer Park

This park offers a boat launch, picnic area, playground and soccer fields. Located at B23955 Thorah Park Blvd., in Pefferlaw.

Sunderland Park & Trail

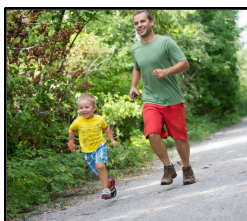
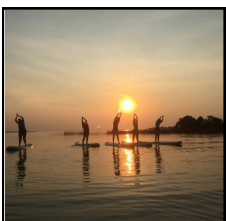
This park is home to a variety of community events, including the Sunderland Fall Fair and Maple Syrup Festival. Baseball diamonds, basketball court, picnic area with shelter, playground skateboard park, tennis courts, beach volleyball courts and the Sunderland Lions walking trail. Located at 18 Church Street in Sunderland.

Lagoon Reserve Walk

The Lagoon Reserve Walk is a 2 km trail that loops around the Beaverton fairgrounds and continues south. This is an easy trail and is a great place to walk your dog. You can access the trail at Beaverton Harbour.

Trans Canada Trail

The Trans Canada Trail stretches across 28,000 km from the Atlantic to the Pacific to the Arctic Oceans. It is the world's longest network of trails, and a unique legacy for Canadians to enjoy. Explore the Trans Canada Trail as it winds through the Township of Brock.





ARENAS AND COMMUNITY HALLS

**Foster Hewitt Memorial
Community Centre**



**Rick MacLeish Memorial
Community Centre**



**Sunderland Memorial
Arena**



For rental inquiries please email bookings@brock.ca or call 705-432-2355 x 243. We offer ice rentals, non-ice rentals and auditorium rentals on a regular basis. Our facilities are perfect for a sporting event, meeting, dance, dinner, fitness class or other function. Scan the barcode for more pictures, facility amenities and rates.



Arena
Information

**Sunderland
Town Hall**



**Beaverton
Town Hall**



Manilla Hall



Hall Information

The Township of Brock has four community halls available to rent for a variety of functions including family events, dinners, fitness classes, workshops etc. To rent one of these halls please contact bookings@brock.ca call 705-432-2355 x 243.



BROCK LIBRARIES



Scan for locations and hours

Weekly Kid Programs

Tuesday

**Builders Club
(Grade 1-5)**

Beaverton Branch

6:00-6:45 pm.

Drop-In

Wednesday

**Preschool Storytime
Adventure**

Cannington Branch

10:00-10:45 am.

Drop-In

Fridays

**Books & Beyond
Preschool Storytime**

Beaverton Branch

10:15-11:00 am.

Drop-In

Saturday

Family Craft

Sunderland Branch

Beaverton Branch

All Day

Drop-In

Reading Buddies

Cannington Branch

Sunderland Branch

Beaverton Branch

*By Appointment Only

Please call your local branch to register

Adult Programs

Genealogy Help Session

Cannington Branch

Get free help with your family research. Half hour sessions, email questions to Katherine ahead of time familyhistory@brocklibraries.ca.

Muse: Community-led and online

Beaverton Branch

Do you write; poetry, short stories, or music? Are you interested in sharing and honing your craft with like-minded others? Or perhaps you just enjoy listening to and discussing the arts? Consider checking out this group that meets monthly via Zoom

Book Club

Sunderland Branch

Pick up the latest book at the Sunderland Branch. Drop-In.

Borrow a Pass!

Ontario Parks Day Pass

Borrow a Parks Day Pass with your Brock Libraries Card and enjoy free day parking in many Ontario Provincial Parks

Royal Ontario Museum Pass

Borrow a ROM pass and enjoy free admission to Canada's largest museum



Spring and Summer Programs

For more information and/or to register for any of our FREE programs, please call:

Travis Dukelow, Youth & Community Health Worker 705-432-3322, ext 104

Jennifer Josephson, Seniors & Community Health Worker 705-432-3322, ext 105

Loretta Fernandes-Heaslip, Health Promoter 705-432-3322, ext 106

Drumming for Health

Tuesdays 11:00am -12:00pm, Beaverton

Participants will learn basic hand drumming techniques using a variety of African hand drums and world percussion instruments and enjoy fun rhythmic based activities while creating songs together.

Indoor Walking Program

Monday-Friday 8-10am, Fisher's Your Independent Grocer

Walk yourself to better physical and mental health in a safe and dry environment. Every step counts to help you feel better, sleep better and have more energy.

Mindful Yoga

Wednesday 9:00-10:00am Virtual on Zoom

This instructor-led class covers all the basics of yoga-gentle movements, deep breathing, stretching and flexibility postures.

Gentle Fit

Tuesdays 9:30-10:30am Virtual on Zoom

Thursdays 9:30-10:30am Sunderland, 11:00am-12:00pm, Cannington and 1-2pm, Beaverton

This instructor-led class is a means of improving and maintaining functional performance through strength, balance and cardiovascular development. This class will aid in the prevention of future injury, including those that may be the results of falls.

Guided Meditation

Friday 10:00-11:00am Virtual on Zoom

Learn to relax your mind and body to reduce stress, improve your breathing, help the healing process, and find calm and balance in your life. Complement your path to health and wellness.

Line Dancing

Monday 10:00am-12:00pm, Cannington Legion

This instructor-led line dancing class welcomes new and practicing line dancers to learn some fun line dances or just come for the great exercise and laughter. Music is not limited to Country, dance to Top 40, Hip Hop, Ballroom, Blues, Funky, Latin, Irish, to Swing and much more.

Gentle Yoga

Monday 10:00-11:00am, Manilla Hall

Wednesday 1:00-2:00pm, Beaverton

Cultivate body awareness and foster a deep connection with yourself. Through gentle movements and gentle stretches, participants will engage their muscles mindfully, promoting strength, flexibility, and vitality.

Pole Walking Program

Thursdays 9:30am Location TBD

Join our outdoor community walking program this Fall and take advantage of the many health benefits of walking: improve your mood, boost your energy, alleviate joint pain, improve your quality and length of sleep, kick start your immune system, maintain a healthy weight, and more!

Kids in the Kitchen

March to June, Beaverton, Cannington and Manilla.

Monthly in-person sessions

This hands-on program will teach youth ages 8-14 the important life skill of cooking and the benefits of healthy eating.

Tai Chi Practice

Tuesday 1:30-2:30pm, Beaverton

Join these community-led Tai Chi practice sessions to maintain awareness of the body with gentle movements that harmonize breathing with careful coordination of arm and leg movements.

Brock Community Health Centre works with many health and social service partners across Durham Region. Call us if you need help connecting to programs and/or services for job search, housing options, mental health and addictions, aging well and healthy life skills, leaving an abusive relationship, early years and parenting success, seniors safety, and supports/ services for seniors, caregivers and stroke survivors.



COMMUNITY CONTACTS

SPORTS/CLUBS

1st Cannington Scouts

4lschummer@gmail.com
www.facebook.com/1stCannington

Beaverton Curling Club

info@beavertoncurlingclub.com
www.beavertoncurlingclub.com/

Beaverton Minor Baseball Association

beavertonminorball@gmail.com
<https://vbba.ca/>

Beaverton Skating Club

beavertonskatingclub@hotmail.com
www.beavertonskatingclub.ca/

Brock Flag Rugby

bagsrugby@hotmail.com

Brock Rugby Club

mpinguet8@gmail.com
<http://brockrugby.com/>

Brock Soccer Club

brocksoccer@outlook.com
www.brocksoccer.com

Brock Wild Minor Hockey

brockmhsecretary@gmail.com
<https://brockminorhockey.com/>

Cannington Figure Skating Club

info@canningtonfigureskatingclub.ca
www.canningtonfigureskatingclub.ca/

Cannington Lawn Bowling Club

www.facebook.com/CanningtonLawnBowling/

Heart of Ontario Snowmobile Club

hootrails@gmail.com
www.facebook.com/heartofontariosc

Sunderland Minor Baseball Association

info@sunderlandminorbaseball.ca
<http://www.sunderlandminorbaseball.ca/>

Sunderland Skating Club

sunderlandskatingclub@hotmail.com
www.facebook.com/groupsSSC

Sunderland Ringette Association

stingerzringette@gmail.com
www.sunderlandstingerz.com

Township of Brock Recreation Department

recreation@brock.ca
www.townshipofbrock.ca

COMMUNITY ORGANIZATIONS

Alzheimer Society of Durham Region

information@alzheimerdurham.com
<https://alzheimer.ca/durham/en>

Beaverton Lions Club

info@beavertonlions.ca
www.beavertonlions.ca/

Brock Board of Trade

info@brockboardoftrade.com
brockboardoftrade.com/

Brock Community Food Bank

brockcommunityfoodbank1@gmail.com
www.brockcommunityfoodbank.ca/

Brock Community Health Centre

info@brockchc.ca
www.brockchc.ca

Cannington Lions Club

president@canningtonlionsclub.ca
www.canningtonlionsclub.ca/

Durham Farm and Rural Family Resources

info@durhamfamilyresources.org
www.durhamfamilyresources.org

Manilla Community Association

www.facebook.com/ManillaHall

North House

info@northhouse.ca
www.northhouse.ca/

North Durham Pride

info@northdurhampride.ca
www.northdurhampride.ca/

The Nourish and Develop Foundation

info@tndf.ca
www.tndf.ca

PFLAG Canada, North Durham Region

alicia@pflagdurhamregion.com
www.pflagdurhamregion.com

Probus - Brock - Georgina

lakesimcoearea@gmail.com
www.facebook.com/groups/1954102505102003

Stonemoor Daycare

stonemoor@bellnet.ca
www.stonemoordaycare.com/

Sunderland Early Learning & Childcare

sunderland_elcc@durham.ca

Sunderland Lions Club

info@sunderlandlionsclub.ca
www.sunderlandlionsclub.ca/

YMCA Day Care

memberservices@ymcagta.org
www.ymcagta.org/find-a-y/beavertonre

HORTICULTURE

Beaverton Horticultural Society

beavertonhorticultural@gmail.com
www.beavertonhorticultural.com/

Cannington Horticultural Society

info@canningtonhorticulturalsociety.org
www.canningtonhorticulturalsociety.org/

Georgina-Brock Garden Club and Horticultural Society

gbgcinfonow@gmail.com
www.facebook.com/GBGC

AGRICULTURAL

Beaverton Agricultural Society

fun@beavertonfallfair.ca
www.beavertonfallfair.ca/

Durham Region Junior Farmers

durhamregionjf@gmail.com
www.jfao.on.ca

Sunderland Agricultural Society

sunderlandfallfair@gmail.com
www.agfair.ca

CONSERVATION AUTHORITIES

Kawartha Conservation

www.kawarthaconservation.com/

Lake Simcoe Region Conservation Authority

www.lsrca.on.ca/

FAIRS & FESTIVALS

Beaverton Fall Fair

fun@beavertonfallfair.ca
www.beavertonfallfair.ca/

Sunderland Maple

Syrup Festival
www.maplesyrupfestival.ca/

Sunderland Fall Fair

sunderlandfallfair@gmail.com
www.agfair.ca/

HISTORICAL SOCIETIES

Beaverton Thorah Eldon Historical Society

bte.hist.soc@bellnet.ca
<https://btehs.com/>

Cannington & Area Historical Society

canningtonhistoricalsociety@hotmail.ca
www.canningtonhistoricalsociety.ca

Sunderland and District Historical Society

sunderland.museum@gmail.com
www.sunmus.ca

THEATRE/ARTS

Beaverton Town Hall Players

info@bthp.ca
<https://www.bthp.ca/>

Brock Arts & Culture

brockartsculture@gmail.com
<https://www.facebook.com/groups/1006221593253245>

Cannington Haunted Attraction

www.canningtonhaunt.com
info@canningtonhaunt.com

First Act Youth Company

info@firstactyouth.ca
www.firstactyouth.ca

Sunderland Lions Community Theatre

info@sunderlandlionstheatre.com
www.sunderlandlionstheatre.com/

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